LLANDUDNO Cylchgrawn Plwyf **Parish Magazine** Hereford Cathedral - see page 20 August 2013 50p

Services

Holy Trinity Church, Mostyn Street

Sundays

8.00 am Holy Eucharist

10.30 am Sung Eucharist (1st, 3rd, 4th

& 5th Sundays)

Matins followed by shortened Eucharist (2nd

Sunday)

5.00 pm Evening Prayer

6.00 pm Exploring Worship - in

Church Hall (2nd Sunday unless notified otherwise)

Weekdays

8.30 am Morning Prayer (Tue, Wed

Thurs & Fri)

9.00 am Holy Eucharist (Wed)

11.00 am Holy Eucharist (Thurs &

major saints' days)

Holy Eucharist in Welsh

(Sat)

5.00 pm Evening Prayer (Tue, Wed,

Thurs & Fri)

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The Rector is in Holy Trinity church on most Saturday mornings from 11.30 - 12.00 to see parishioners on any matter – for confessions, spiritual guidance, the booking of baptisms or weddings etc.

St. Tudno's Church, Great Orme

9.00 am Morning Prayer (Sat)

11.00 am Open Air Service (Sun

from end of May to end of

September)

On the first Sunday of each month, the service is followed by a shortened Eucharist in the church.

The pattern of Sunday and Weekday services sometimes changes. Please check the calendar in each month's magazine and the weekly bulletin.



Plwyf Llandudno Parish of Llandudno

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The deadline for copy for any edition is the 7th of the previous month. Please leave copy in box near pulpit in Holy Trinity Church or e-mail:

editor@llandudno-parish.org.uk

Copy may be on disk, printed or handwritten.

From the Rectory

I've been called all sorts of funny things in my time – complementary and otherwise — but at Walsingham last month I was called something very odd indeed: I was told that I was a 'little container'!



And it wasn't just me. In fact all the pilgrims present at the main Pilgrimage Eucharist in the Shrine of Our Lady of Walsingham that day were branded as 'little containers' during the sermon by Bishop Lindsey Urwin, the Administrator of the Shrine. What on earth did he mean by this? Should

we have been deeply offended or very

excited?

It all stemmed from a trip Bishop Lindsey had recently made to South Africa. There in the townships he had seen many large shipping containers used as shops or workshops or even homes. These containers, which had been made to transport goods all over the world, were now being used for very different purposes indeed.

Seeing these containers brought to Bishop Lindsey's mind some words from an ancient Christian prayer directed to Mary, the Mother of the Lord, which spoke of her as 'containing the uncontainable'. When Mary was pregnant she contained within the confines of her womb something which filled the whole universe – the divine Son of

God. Within this tiny space was the Lord of all things. So, from ancient times Mary was called by Christians the 'Godbearer'.

At the Annunciation, when Gabriel came to tell Mary she had been chosen to be the

mother of the Lord, God was dependent on her for the fulfilment of his plans to redeem the human race. He needed his divine Son to be conceived and grow in the womb of a human mother. He could simply have used Mary as a kind of surrogate just to carry the divine child, to be merely the instrument of his will. But he didn't. God never forces his will on anybody - even in a matter so vital as this. So he wanted Mary to give her heartfelt consent to his plan; needed her to choose to offer humanity to God And as we know she did just that: her reply to Gabriel was 'Let it be to me according to your word.' From that moment on her womb 'contained the uncontainable' and the stage was set for the coming into the world of Our Lord Jesus Christ.

This month we celebrate the feast of Mary, the Mother of the Lord, an opportunity to thank God for this woman from an obscure village in Palestine whose love for Him was so great that she was willing to give herself body and soul to the divine will. As the hymn puts

it: 'She gave her body for God's shrine, her heart to piercing pain, and knew the cost of love divine, when Jesus Christ was slain.

But what about the business of calling us 'little containers'? In his sermon Bishop Lindsey went on to remind the pilgrims that, like Mary, Christians are called to be 'containers of the uncontainable'. Although Mary had a special vocation as the Mother of the Lord to contain Christ in her womb, all Christians are indeed bearers of Christ in their own way. We have all been Christened – made Christ's – he dwells within us through baptism and faith. We carry him wherever we go. Our vocation therefore is to make him known to everyone we meet by allowing him to shine out of us. So to be called a 'little container' is indeed to be given a title of great honour and dignity. What a wonderful vocation, what an awesome responsibility!

Now shipping containers can be bashed around a lot as they travel around the world. No doubt those in South Africa which Bishop Lindsey saw being used as businesses or shops etc. had been 'retired' because they had been damaged over the years. Well, we too have been bashed around a bit in our lives too. We've often not made a very good job of being containers of the Lord. And yet, like the sedentary containers in South Africa we still have a job to do and a vocation to fulfil. As we celebrate the feast of Mary and give honour to the greatest of all the saints, let's resolve like her to be containers of the uncontainable that all the world might come to know and love her Son, Our Lord Jesus Christ.

Fr. John

News and Notices

The Hall

At the time of writing we still had not received the faculty from the Diocese for the forthcoming work in the hall at Holy Trinity – two months after the meeting of the Diocesan Advisory Committee's meeting which considered the matter. This is a matter of deep concern. We can't tell the contractors when we want them to start and so when we do get permission to proceed the contractors may have other work

on and not be able to come to us for some time.

This may mean either that the work will drag on into the autumn with huge inconvenience to everyone who uses the Hall or even that we might have to postpone the job until the New Year with the possibility that the cost of the work may increase. If we do not hear from the Diocese soon we will be making a formal complaint regarding this matter as it puts us in a quite

unacceptable position. We can only apologise for the uncertainty all this is causing and hope we have some good news soon.

Fr. John

The Churchyards

Our two churches, and our responsibility for St.George's Churchyard, were represented at a Church in Wales seminar on looking after Churchyards, at St. Mary's, Dolgellau on 16th July. Useful presentations by Alex Granville, Church in Wales Head of Property Services, and Sue Cooper, Caring for God's Acre, provided practical ideas and insight into legal, and health and safety issues, and developing schemes such as how to involve the community. The two organisations have developed publications that will be of great use in the future as we look to develop management plans for our three churchyards. The first, produced by the Church in Wales, Management of Churchyards: Policy and Guidance sets out the legal framework and outlines our responsibilities. The second, a copyright free pack published by Caring for God's Acre, Churchyard and Burial Ground Action Pack, looks at practical schemes for protecting wildlife, preserving heritage, and involving people.

Caring for God's Acre is also preparing a bi-lingual pack for use by Primary School teachers that will be available in Spring 2014. This really useful meeting

helped to focus thoughts, and emphasise the bigger picture....looking after Churchyards these days is about much more than just grass cutting, we are likely to be looking after areas that may contain biodiversity unchanged through several centuries. That's food for thought!

The members of our Churchyards Group are William Maidlow, Christine Jones, Jennifer Fossi, and Terry Dewar: we do welcome your contribution, your expertise, and your suggestions for community involvement. Age and physical fitness really is no barrier in the task ahead.

William Maidlow

HTC 150 Meeting, 2nd July

The recently established fundraising group reported on ideas and suggestions proposed by the group members. The proposals will be put to the PCC, meeting on 25th July - more details in the next edition of the Magazine. The main proposal is to set up a '100 Club' (in our case a '150 club'). Church members will be aware that many charities and Churches operate such clubs where participants make a monthly contribution, with a prize draw held monthly designed to create a regular, quantifiable income for the 150th Anniversary. We are grateful to Terry Dewar for his work promoting the 150 Club.

Other suggestions put forward by

members included a 60's & 70's music event (the Rector reserving his position on the Abba lookalike gear), silent auctions (ask Shirley), Pledge + events (ask Judith), Treasure Hunt (ask Jeremy Clarkson), Buttons for the Cross (Judith), Quiz Nights (William, in winter), BBQ's (St. Tudno's, in summer), hiring out the Church Hall for childrens' parties (without calling on our Church Hall regulars). Current members of the team are William Maidlow, Judith Williams, Terry Dewar, Shirley & Rob Georgeson, Gwen Robinson, and Geoff Howarth.

Other ideas may also be developed, and we do welcome your ideas, and your comments on these proposals. Do expect to hear imminently about fund raising activities! More next month.

William Maidlow

Bellringing

We are looking to add members to our regular band of ringers and so if anyone would like to join us, there will be a warm welcome. If you have not rung before, training can be given, so why not give it a go, it really is a pleasurable hobby/pastime, and it keeps you fit!

We are also looking to add to our team of handbell ringers so again if you have not rung before, training can be given.

Stan Whittaker (tel. 01492 596796)

Sea Sunday Family Service

This year's service was held on 14 July. The opening hymn was 'Will Your Anchor Hold in the Storms of Life?' – an American import and the hymn of the Boys' Brigade.

Before the service proper began, Father John spoke for some length about the vital work of the Mission to Seafarers. The mission has chaplains located in numerous ports around the world and carries out much benevolent work for seafarers who are many miles from their home ports.

The choir treated us to a jazzy number and then the Sunday school acted out the story of Jonah and the whale/ big fish. Even the hymn 'He's Got the Whole World in his Hands' entered the spirit of the occasion with an additional verse about Jonah!



Eileen Roberts with the colourful cross she presented to the Children's Area.



Children and parents in the Children's Area of Holy Trinity Church after the Family Service on Sea Sunday.



'Lucas and the Whale'.

The service was led by the Rev Mike Harrison who reasoned that children have very short concentration spans and his address must have been one of the shortest ever heard at Holy Trinity. After the creed, confession, and prayers we launched into the hymn 'God Who Formed the Mighty Ocean' a new hymn (2006) by Bishop Timothy Dudley-Smith sung to the familiar *Hyfrydol*.

After the concluding prayer and blessing, the service finished with the hymn 'Eternal Father Strong to Save'.

Andy Leitch

St. Tudno's

Sunday 23rd June was wet and very windy but a congregation of 15 managed to brave the elements. The service was held inside, led by Revd David Jenkins, with Denis Cartwright playing the organ. The Gospel reading and address were on the theme of temptation, healing and salvation.

On Thursday 27th June a Concelebrated Eucharist was held for members of the Bangor and St. Asaph branch of the Society of Catholic Priests. Eleven attended the mass for St. Peter and St. Paul, with Ray Stythe-Jones playing the organ. Fr. John spoke in his address about the rock on which the Church stands and the proclamation of faith.

Sunday 30th June was bright and windy. Revd Peter Plunkett led the 11.00 am service, accompanied by Michael Thomas playing the organ and with a congregation of 24. One of the hymns was 'Fight the Good Fight', as the readings and address were on the theme of the the fight of faith, contending for the truth in Jesus, in a Christ-like way.

The good weather continued in the afternoon for the Pet Blessing service. There was a wonderful number present: 42 adults, five children, 13 dogs, one cat and one hamster! Fr. John led the service, accompanied by Pauline Bigby playing the organ. The



bible reading was the story of Balaam's donkey from the book of Numbers and Fr. John gave a homily about how pets enrich our lives. 'All Things Bright and Beautiful' was sung while each pet was individually blessed by Fr. John and the service concluded with a blessing for us humans.



'Lucas and the Hamster'.

The Morning Service on Sunday 7 July was followed by a shortened Eucharist in the church. The services were led in heatwave weather by Revd Derek Simpson, accompanied by Denis Cartwright playing the organ. At the open air service there was a congregation of 35 adults and five children and the readings and address were on the theme of being ambassadors for Christ in our day to day lives.

Tuesday 9th July was a very hot evening for Compline. Fr. John and a congregation of 10 enjoyed the quiet, contemplative service in candlelight.

Shirley Georgeson Christine Jones

At St. Tudno's in August

The church is open every day and Morning Prayer is said on Saturdays

at 9.00 am. There will be an open air service each Sunday at 11.00 am, with the free taxi from Holy Trinity departing at 10.30 am. On Sunday 4 August the service will be followed by a shortened Eucharist in the church. On Tuesday 14 August there will be a service of Compline by candlelight in the church at 7.30 pm.

The annual open air Songs of Praise will be on Sunday 25 August at 4.00 pm and we again invite members of the congregation to choose and introduce a favourite hymn. If you would like to do this, please would you contact one of the St. Tudno's wardens or Fr. John.

Music and Poetry at St. Tudno's

On Friday 9 August we will be delighted to welcome classical guitarist Jonathan Richards and poet Deborah Barker for a concert at St. Tudno's. Jonathan will play four sets, including sarabandes and blues, and Deborah will recite two sets of her poems. The concert will begin at 8.00 pm and tickets will be £5.00 on the door, including light refreshments in the interval. With the wonderful acoustics and atmosphere of the ancient church, this promises to be a very enjoyable evening.

Shirley Georgeson Christine Jones

Friends of St. Tudno's

Botany Walk

On the evening of Monday 24 June the Friends held their annual Great Orme walk, which this year was led by local botany expert Wendy McCarthy. We met at the green at Tyn y Coed Road and Wendy started by pointing out some of the less well known plants that grow there, including the nationally rare musk storksbill (*Erodium moschatum*). As we walked up the steps to St. Beuno's Road Wendy continued pointing out other plants, including yellow figwort (*Scrophularia vernalis*) which was introduced from Europe.

The main site which we explored was the Maes y Facrell nature reserve, where Wendy is one of the voluntary wardens, and Wendy explained how the wild ponies which graze there over winter help to control the rough grasses, although additional grazing by sheep would now be of benefit. Low growing bushes juniper (Juniperus communis) can be found on the site, though these are actually the upright subspecies and the habit is a result of grazing and weather conditions. These have separate male and female plants and are nationally of concern, as they are not regenerating naturally, so the Great Orme population has been part of a propagation programme.

The Great Orme is also home to the very rare native cotoneaster (Cotoneaster cambricus) and Wendy told us about attempts to propagate these plants, too (an accessible plant can be seen in the wildflower garden at the Country ParkVisitor Centre at the Summit). The



Wendy points out some of the rare plants at Maes y Facrell.



Bee orchid at Happy Valley.

flowers which Wendy showed us at Maes y Fachrell included the nationally rare hoary rockrose (Helianthemum oelandicum) which is abundant on the Great Orme, the pretty dropwort (Filipendula vulgaris) and the fragrant orchid (Gymnadenia conopsea). We took turns getting down on our hands and knees to sniff the orchid and can confirm that the name is appropriate!

We finished the evening by extending the walk to Happy Valley to look at the bee orchids (*Ophrys apifera*) and twayblades (*Neottia ovate*). On the way to Happy Valley and then back to our starting point we were also shown pyramidal orchids (Anacamptis pyramidalis, which we have in St. Tudno's churchyard) and the uncommon horseshoe vetch (Hippocrepis comosa) and Nottingham catchfly (Silene nutans).

It was a fascinating evening and we all learnt something about the wealth of wildflowers growing on the Great Orme, while exploring some of the less well known areas and footpaths. Thank you very much, Wendy.

Friends' Outing

This year's outing was to some of the little churches of the Conwy Valley, within our own Deanery of Archllechwedd, and we were blessed with lovely weather for the day. Fr. John had prepared a liturgy to be said at each church, so the day began with prayers at Holy Trinity before climbing into the minibus to drive up into the hills beyond Henryd and the isolated church of St. Celynnin which, like St. Tudno's, has been left behind by population changes.

We were met at each church by the Wardens, who told us the history of the churches and showed us items of interest. We learnt that St. Celynnin's Church was founded in the 6th century, is the highest in Wales – at an altitude of 927' (283 m) and has a 'Men's Chapel' while the women and children would have used the nave. In the churchyard is the grave of Revd Derek Richards,

former Rector of Llandudno, and a well which was associated with healing children. We gathered at the well for the liturgy, which included sprinkling with the water.

After a stop for refreshments at the Pancake House near Rowen, we continued to St. Mary's Church at Caerhun. The church was built in the 13th century, within the area of the Roman fort of Canovium, probably by the Cistercian monks of Maenan Abbey. A medieval stone crucifix is mounted above the church door and the churchyard, which is managed for wildlife, includes two yew trees which are older than the church itself.

We had lunch at the Old Bull at Llandedr-y-Cennin, sitting in the sun on the terrace and admiring the beautiful view, and can certainly recommend the food and friendly atmosphere. From the Old Bull it was a short walk up a steep hill to St. Peter's Church, another 6th century foundation. In the 18th century the back of the church housed a Charter School for boys and the church retains its Georgian box pews, while the oldest part of the church is a narrow doorway suggested to date from the 12th century.

We returned to the remote hills for our final stop of the day, at St. Rhychwyn's Church above Trefriw. Known as 'Llywelyn's Old Church', this is suggested to be the oldest surviving church in Wales, the present building dating from the 11th century but founded by St. Rhychwyn, a brother of St. Celynnin, in the 6th century. All the churches we visited had ancient fonts but that at St. Rhychwyn's is the oldest,



The Friends of St. Tudno's near St. Rhychwyn's Church.

dating from the 11th century or earlier. There is some 16th century glass in the windows, while the church door has unusual wooden hinges. We ended the liturgy with the Nunc Dimittis and returned to Llandudno after enjoying the peace of these delightful churches, exploration of the Conwy Valley and fellowship with each other.

September Fair

The Friends have a fundraising fair planned for early September but in case the church hall is not available the plan is to hold another mini-fair and open day at St. Tudno's. There will not be much room for stalls but any donations of books or refreshments would be appreciated. Please let me know if you can help in any way.

Christine Jones

Attendance Figures

Holy Irinity	Church		
		Weekday Eucharists to June 1st	8
June 2nd Trinity I	8.00 am	Holy Eucharist Service at St. Tudno's Church	24 3 + 2
June 6th June 7th	5.00 pm 11.00 am 2.30 pm	Evening Prayer Eucharist at the Trinity Centre Guild of St. Raphael Eucharist at the I	3 + I
june 7 un	2.30 pm	Dennis Wiley Other weekday Eucharists	10
June 9th Trinity 2	8.00 am 10.30 am 11.45 am 5.00 pm 6.00 pm	Holy Eucharist Choral Matins Shortened Eucharist Evening Prayer Exploring Worship Other weekday Eucharists	16 56 16 - 25 32
June 16th Trinity 3	8.00 am 10.30 am	Holy Eucharist Choral Eucharist Other weekday Eucharists	17 82 23
June 23rd Trinity 4	8.00 am 10.30 am	Holy Eucharist Sung Eucharist Other weekday Eucharists	15 83 29

June 30th	8.00 am	Holy Eucharist	14
Trinity 5	10.30 am	Sung Eucharist	78
St Tudno's Chur	ch		
Sun 26 May	11.00 am	Morning Service	29
Sun 2 June	11.00 am	Parish Eucharist for St. Tudnotide	82
Wed 5 June	12.30 pm	St. Tudno's Day Eucharist	23
Sun 9 June	11.00 am	Morning Service	30
Tues II June	7.30 pm	Compline by candlelight	13
Sun 16 June	11.00 am	Morning Service	23
Sun 23 June	11.00 am	Morning Service	15
Sun 30 June	11.00 am	Morning Service	24
Sun 30 June	3.00 pm	Pet Blessing Service	47

Calendar for August

Please note that due to the choir being on holiday there will be a Eucharist at 10.30 am on every Sunday of August.

Sun 4th	Trinity 10	
		Services as usual for the 1st Sunday plus:
	12.30 am	Holy Baptism.
Mon 5th	2.30 pm	Mothers' Union Mary Sumner Day Tea at the
		Queen's Hotel
Tues 6th	10.00 am	'Julian' meditation group at Stella Maris
Wed 7th	1.00 pm	Organ Concert by Norman Rimmer
Fri 9th	12 noon	Wedding of Llion Hughes & Rosie Davies
	7.30 pm	Guitar Concert at St. Tudno's
Sun I I th	Trinity I I	
	8.00 am	Holy Eucharist
	10.30 am	Holy Eucharist
	11.00 am	Morning Worship at St. Tudno's
	12.30 pm	Holy Baptism
	5.00 pm	Evening Prayer
	•	Please note that a 10.30 am Eucharist replaces
		Choral Matins and the Shortened Eucharist today.
		There is no 'Exploring Worship' service this month.
Tues 13th	7.30 pm	Compline by Candlelight at St. Tudno's

Wed 14th Thurs 15th	1.00 pm The Blesse 11.00 am	Organ Concert by Charles Jones ed Virgin Mary, Mother of the Lord Holy Eucharist (usual Thursday time)
Sun 18th	Trinity 12	
Tues 20th Wed 21st Sat 24th	12.30 pm 7.30 pm 1.00 pm St. Bartho 11.00	Services as usual for the third Sunday plus: Holy Baptism Concert by Chamber Philharmonia Cologne Organ Concert by John Keys Iomew, Apostle Welsh Eucharist (usual) Saturday time
Sun 25th	Trinity 13	, ,
Sun 25th	Trinity 13 12.30 pm	Morning services as usual for the 4th Sunday plus: Holy Baptism
Sun 25th	·	Morning services as usual for the 4th Sunday plus: Holy Baptism 'Songs of Praise' at St. Tudno's
Sun 25th Weds 28th	12.30 pm	Morning services as usual for the 4th Sunday plus: Holy Baptism

PARISH REGISTER

Holy Matrimony

June 15th: Craig Forrest Spence and Haley Louise Heath

The Departed

June 10th: Lynne Phillips aged 49 Service at Holy Trinity followed by cremation at Colwyn Bay

Sunday Rota

4th Aug Reader Sidespersons	Peter La Trobe Ron Ilidge Wendy Stewart	Eucharistic Ministers	Wendy Stewart Annabel Jones Angela Pritchard Stan Whittaker
Eucharistic Ministers	Annabel Jones William Maidlow Cath Lloyd Marion Heald	25th Aug Reader Sidespersons	Anne Rimmer William Maidlow Marion Heald
I I th Aug Readers	Ray Stythe-Jones		Sandra Davies Cath Lloyd
Sidespersons	Gay Stythe-Jones Judith Williams	Eucharistic Ministers	Maggie Leitch Cath Lloyd
E Minister	Vernon Morris Ben Edwards Dorothy Trent John Ridler	Ist Sep Reader Sidespersons	Eira Jones Joyce Crosby Doug Prichard
18th Aug			Barbara Yates
Reader Sidespersons	Marion Heald Terry Dewer Ron Ilidge	Eucharistic Ministers	Pat Ridler Angela Pritchard John Ridler

Hereford Cathedral and its Mappa Mundi

Andy and I often visit the West Country. Usually, we drive down the motorways but occasionally take the pretty route through Shropshire, Herefordshire, and Monmouthshire. We took a leisurely journey down quite recently and broke our journey at Hereford Cathedral.

The Hereford diocese dates back to at least the seventh century. In the year 794, Ethelbert, King of East Anglia, came to Mercia to marry the daughter of King Offa. For reasons that remain unclear, Ethelbert was murdered and was interred in Hereford Cathedral. His tomb became a place of pilgrimage and he was subsequently canonised. The cathedral became dedicated jointly to St Ethelbert and St Mary the Virgin.

In 1015, reconstruction of the Saxon cathedral began but its life was short-lived as it was destroyed in 1055 by an army led by Owain Glyndwr. The Nor-

man cathedral was built between 1107 and 1158; much of this has survived subsequent reconstructions.

As English cathedrals go, Hereford is quite modest in size. It sits within a restored cathedral close which was being enjoyed by the many visitors who were picnicking on the lawns and was a thoroughfare for the numerous pupils of the Cathedral School. We entered through a door on the North side and I was immediately struck by the light and the colour created by the wonderful stained-glass windows — it would have taken a day just to study these.

Within the entrance to the Lady Chapel is the Shrine to St Ethelbert. This is a modern structure which is thought to be on the site of the original tomb.



The Chained Library.

On the Shrine are 13 icons which tell the Saint's story. In the south transept I noticed three arches in which hung tapestries designed by John Piper: the tree of knowledge with Adam and Eve; the tree of the cross and the tree of life. The tapestries were woven in Namibia and placed here to commemorate the 1300th anniversary of the diocese.

Being a very warm day, we were in need of some refreshment and discovered the restaurant situated in the eastern part of the cloister. Seating within the narrow cloister was somewhat restricted but there was plenty of overflow seating outside in the chapter house garden. The southern part of the cloister and an adjoining modern library building holds the chained library and the famed Mappa Mundi. There is a small entrance fee but this was well worth the money spent. In the old cloister there are a couple of very ancient book chests as well as facsimiles of the Mappa Mundi which enable a detailed examination of the mediaeval map.

The map itself sits within an environmentally controlled room within the modern library building. In 1988, a funding crisis within the cathedral threatened the future of the map at Hereford but contributions poured in which enabled the building of the new library. The new chained library contains around 1500 books – taken from the cathedral and All Saint's Church. Amongst the books are the precious Hereford Gospels. These date back to

the eighth or ninth century. They are written in Latin and contain three of the original four decorated pages. On the fly-leaves, there are two records in Anglo-Saxon proving they were in the possession of the Saxon Cathedral before the cathedral was plundered.

Queen Elizabeth II has visited the Cathedral many times and has used King Stephen's Chair, said to be the throne used by King Stephen on his visit to the cathedral at Pentecost I 138 though modern scholars date the chair to a little later. In any event, it is remarkable that it has survived to this day.

Unfortunately, we had to move on and were unable to give the cathedral as much attention as it deserves. Still, we will undoubtedly be visiting the West Country again before too long so we will be breaking our journey there again no doubt. The cathedral restaurant has to be better than a motorway service area on the M5! So if you are going to the West Country, break your journey at Hereford. Hint: if you are going southbound, the River Severn crossings are free.

Maggie Leitch

The Mappa Mundi

A mappa mundi is any mediaeval map the world. The Hereford map with a width of 1.5 metres is the largest of these maps to survive. The Ebsdorf map of 3.5 metres was destroyed during World War II. The simplest mappae mundi were diagrams meant to preserve and illustrate classical learning easily. The Hereford map is classified as a 'Complex' map, a variation of the older T-O map form. In the T-O form, the world is round, the outer ocean depicted by the 'O', The 'O' is split horizontally, the area above the line being Asia with East at the top. Hence the term 'oriented'. The lower hemisphere is split vertically into two, to the left is Europe and to the right is Africa. The Mediterranean Sea is the tail of the 'T' whilst the rivers Don and Nile are the crossbar of the 'T'. T-O maps were designed to schematically illustrate the three land masses of the world as it was known to the Romans and their medieval European heirs.

The larger mappae mundi have the space and detail to illustrate further concepts, such as the cardinal directions, distant lands, Bible stories, history, mythology, flora, fauna and exotic races. In their fullest form, such as the Ebstorf and Hereford maps, they become minor encyclopedias of medieval knowledge.

To modern eyes, mappae mundi can look superficially primitive and inaccurate. However, mappae mundi were never meant to be used as navigational charts and they make no pretence of showing the relative areas of land and water. Rather, they were schematic and were meant to illustrate different principles.

The Hereford map dates from circa

1285 and was commissioned by Riford and St David's), 15 biblical events, chard of Haldingham and Lafford, a five scenes from classical mythology, 32 prebend of Lincoln Cathedral, and was people various animals, plants, mythical drawn on a single sheet of vellum. The creatures, and Mount Snowdon! writing is in black ink with additional Above the Hereford map, Christ sits red and gold. Water is blue or green in majesty. The continents are of a with the exception of the Red Sea more equal size than a T-O map and Arabian Gulf which are with the River Nile and the red. The map depicts 420 Red Sea having migrated towns or cities (includanticlockwise. Note ing London, Oxford, the location of Lincoln, York, the parting of Worcester. < Garden of Eden the Red Here-Sea. < Red Sea Asia Jerusalem > North Nile Delta Africa **Europe** Vales > < Strait of Gibralter

Digitally enhanced facsimile of the Hereford Mappa Mundi.

From the Parish Pump

Barnabas Fund

The Barnabas Fund is supporting an ambitious new venture in Pakistan which will aim to give disadvantaged and impoverished Christian students the opportunity to learn sought-after trades. The vocational training centre is being built in Narowal, Punjab province, and will help around 100 students a year to become welders, mechanics, carpenters, plumbers, electricians, and more.

The Fund's church partners in Pakistan have identified such a facility as a 'pressing need' for its vulnerable Christian community. Many Christians face a lethal combination of poverty, which prevents them from educating their children, and discrimination, which restricts their employment opportunities. They are thus condemned to lives of street-sweeping and sewerage work.

The Bible - Norway's Bestselling Book

The Bible was Norway's best-selling book in 2012, with a new translation by the Norwegian Bible Society selling 160,000 copies. Anne Veiteberg, of Norway's Bible Society, explains that immigration has been a factor, with 250,000 immigrants settling in Norway in the past six years, 60% of who claim to be Christian.

Christian Broadcasting in Mozambique

TWR Mozambique has been granted the first FM Christian network licence in Mozambique. It will cover the city of Mocuba, with an FM signal which will be cheaper to run than current broadcasting on shortwave. TWR has also built a Radio programme production centre in northern Mozambique.

Logos Hope Goes to Asia

Operation Mobilisation's (OM) ship Logos Hope has been spending the summer sailing to ports around Asia. It was based in Puerto Princesa, Philippines in June; Kuching, Malaysia in July and early August; will be in Phuket, Thailand in mid-August, and in Sri Lanka from 29 August - 23 September.

Fifty Years in Tanzania

MAF is celebrating 50 years of flying in Tanzania. It all began in 1963, when MAF co-founder Stuart King visited the country in response to a request from a bishop there, The Rt Rev Yohana Madinda, who wanted MAF to establish a base in his country.

Today, 50 years on, MAF continues to bring the Gospel to unreached people by taking national and missionary staff to remote villages on medical and evangelistic 'safaris'. These safaris enable people in remote and isolated communities around Haydom, Malambo, Mbeya, Mbesa and Kilimatinde to receive medical attention and hear the Gospel.

One couple who have relied on MAF are Daniel and Elisabeth Hunziker, who serve with Wycliffe Bible Translators. They have dedicated their life to giving the region's 40,000 Sandawe speakers the Bible in their own language.

Another family, Dr Jon Eager and his wife Melissa, have spent seven years offering vital healthcare to the villagers through a small clinic overseen by the Africa Inland Church Tanzania. Without the existence of MAF, they would never have been able to stay for such a long time.'

As one observer explained: 'Staying at the MAF guesthouse really opened my eyes to the work of these incredible people. I witnessed a perfect mix of Christianity in action, practical awareness of local needs and perseverance in meeting the goals.'

Archbishop of Canterbury Meets Pope Francis in Rome

In their recent first meeting, Archbishop Justin and Pope Francis both spoke of the bonds of 'friendship' and 'love' between the Roman Catholic Church and the Anglican Communion.

The Archbishop and the Pope agreed

on the need to build an economic system which promotes 'the common good' to help those suffering in poverty. Archbishop Justin said that Christians must reflect 'the self-giving love of Christ' by offering love and hospitality to the poor, and 'love above all those tossed aside' by present crises around the world. The Pope said those with the least in society 'must not be abandoned to the laws of an economy that seems at times to treat people as mere consumers'.

They also agreed on the need for Christians to act as peacemakers around the world, which they acknowledged could only be done if Christians 'live and and work together in harmony,' the Pope said.

Archbishop Justin, who has been deeply influenced by Catholic social teaching and intends to focus on healing divisions in church and society as part of his ministry, told the Pope: 'I pray that the nearness of our two inaugurations may serve the reconciliation of the world and the Church.'

The Pope, who said their closeness of their inaugurations meant 'we will always have a particular reason to support one another in prayer', said the meeting was an opportunity to remember that the search for unity among Christians is not prompted by practical considerations, but by Christ, 'who made us his brothers and sisters, children of the One Father.'



Conwy Food Bank News May 2013

Thank you

We would like to thank all supporters of Conwy Food Bank for your fantastic generosity in providing us with regular donations of food to distribute food parcels to people in crisis in the local community. We have been fortunate enough to have several new Churches who have started collecting food, in addition to the many who support us which is excellent news.

As expected, the number of parcels requested is sadly rising all the time and our figures show that in the first months of this year, we have already given over 200 parcels which is an increase of 25% on the same time as last year.

Food

Most of our stock of food stays at an even level, coming in and then going out but we are getting over stocked with certain foods and struggling with supplies of others.

We have <u>plenty</u> of Pasta, Tinned Soup, Baked Beans, Tea Bags and Tuna Fish at at the moment.

We would appreciate more donations of the following:

Dried meat free products- soya mince, burger or sausage mix, Bolognese mix

Jam, Marmalade, Peanut Butter or

Chocolate Hazelnut Spread

Tinned Fruit

Individual Microwave Rice

Jars of Curry Sauce Savoury Rice Cup Soups

Instant Mashed potato

Tinned Potatoes

Tinned Carrots and Sweetcorn

Fruit sauashes

Fruit juice- Apple or Orange

Sugar

Cheese sauce powder mix

Small tins of Ham or other cold meat

Jelly, Angel Delight Jars of Sandwich paste

Toilet Rolls

Deodorants- for males and females Shampoo (not very heavy bottles)

While we are grateful for all donations of food, we would like to ask that if you give food from your cupboards that you check the best before date- we do check all food as it comes in and find quite a few items which are long past their date- one recent item had a date of 1994!

Volunteers

We are fortunate to have 15 volunteers on our books but at any time, not all and occasionally none, will be available to work so we are always looking for extra people to help us. We have an advertisement at the Volunteer Bureau or an application enquiry can be made directly through the contact form on our website.

Website

Our new website is www.conwyfoodbank.co.uk

There is a list of food needed on the website which is updated regularly. We also have a Facebook page which we would like more people to follow!

Search for Conwy Food Bank.

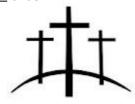


FREEDOM

Today, in this country, it is quite safe to talk about religion. If you want to go to church or Sunday School you can, and if you don't want to, you are not forced to go. Some people at school or work might poke fun at you for being a Christian but that is all. We can all read the Bible in our own language and are free to ask questions. But it hasn't always been like this.

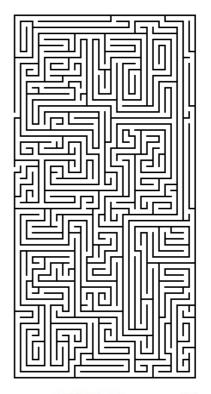
Over the centuries many men, women ... and children suffered for their beliefs. Christians were killed by other Christians who argued that their way was the right way and everyone else was wrong.

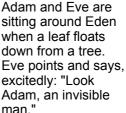
Jesus told us that we must love one another – isn't it good that today all Christian churches are working together for peace? And isn't it about time? Nearly two thousand years ago Jesus died for all of us.



A-MAZING

Can you find your way through this maze? Both the exit and entrance on the left hand side.





ys,

What's green, curly and religious? Lettuce pray.

Small Scabious

The weather this year has been quite challenging for some of our wildlife, with a cold spring and very hot, dry period in the summer so far (Met. Office data). At the time of writing (late July) the Great Orme was looking very brown, with a lot of dry grass and few flowers. Some plants such as the common rockrose

(Helianthemum nummularium) finished flowering early, while others like the spiked speedwell (Veronica spicata) scarcely appeared. Notable splashes of colour which could be expected to continue into August include thistles, knapweeds and scabious.



Small scabious flowerhead with a yellow beetle feeding on it.

The small scabious (Scabiosa columbaria) occurs particularly on dry, limestone grassland, where its long taproot will help it to survive the dry conditions. The bluish-lilac flower heads are composed of many tiny flowers and provide food for bees and butterflies. Beside the zig-zag path from Invalids' Walk to Anglesey Road, the rare sub-species of the silver studded blue butterfly (Plebeius argus ssp caernensis) could be seen visiting these flowers in July, particularly in the absence of many other flowers.A lack of flowers in the countryside will reduce food sources for many insects during the summer and seeds for birds later in the season, so gardens are likely to be important in supporting our local wildlife and watering (particularly with collected rainwater or recycled water) to maintain flowering of suitable plants

will help with this. Unfortunately, many of the colourful bedding plants seen in displays about the town have little benefit for wildlife and so will not compensate for the lack of wild flowers.

Christine Jones



Coffee Time

Cryptics (thanks and courtesy Barbara Cartwright).

All answers holiday theme

- 1. I bear off across one European peninsula. (6)
- 2. Imitates the departing air craft. (5,3)
- 3. Very warm, the Spanish accommodation. (5)
- 4. State there's fruit on the A2. (6)
- 5. They are found on these ships. (5)
- 6. Junior going on about island in the Med. (7)
- 7. Island part of icy Prussia. (6)
- 8. Running through Paris, it sounds reasonable. (5)
- 9. State I'd be among native plants. (7)
- 10. I yell out loud for cold dessert. (3,5)

Results for July

- I. Test pilot
- 2. Tannoy
- 3. Tome
- 4. Twin
- 5. Toast rack
- 6. Transferred
- 7. Theme
- 8. Trying
- 9. True to the last
- 10. Trotted



with poetry by Deborah Barker by Jonathan Richards

Friday 9 August, 8.00 pm

St. Tudno's Church, Great Orme

include light refreshments Tickets £5.00 on the door,

http://www.jonathanrichardsguitar.co.uk/



Holy Trinity Church, Llandudno

CONCERT Lunch-time

Each Wednesday in August 1.00 pm - 1.45 pm

7th - Norman Rimmer (Holy Trinity)

14th - Charles Jones (Holy Trinity)

28th - Graham Eccles (Bangor Cathedral) 21st - John Keys (St Mary's, Nottingham)

Come and relax at lunch-time in the tranquillity of this beautiful town centre church

Retiring Collection