

Services

Holy Trinity Church, Mostyn Street

Sundays

8.00 am Holy Eucharist

10.30 am Sung Eucharist (1st, 3rd, 4th

& 5th Sundays)

Matins followed by shortened Eucharist (2nd

Sunday)

5.00 pm Evening Prayer

6.00 pm Exploring Worship - in

Church Hall (2nd Sunday unless notified otherwise)

Weekdays

8.30 am Morning Prayer (Tue, Wed

Thurs & Fri)

9.00 am Holy Eucharist (Wed)

11.00 am Holy Eucharist (Thurs &

major saints' days)

Holy Eucharist in Welsh

(Sat)

5.00 pm Evening Prayer (Tue, Wed,

Thurs & Fri)

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The Rector is in Holy Trinity church on most Saturday mornings from 11.30 - 12.00 to see parishioners on any matter – for confessions, spiritual guidance, the booking of baptisms or weddings etc.

St. Tudno's Church, Great Orme

9.00 am Morning Prayer (Sat)

11.00 am Open Air Service (Sun

from end of May to end of

September)

On the first Sunday of each month, the service is followed by a shortened Eucharist in the church.

The pattern of Sunday and Weekday services sometimes changes. Please check the calendar in each month's magazine and the weekly bulletin.



Plwyf Llandudno Parish of Llandudno

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editor@llandudno-parish.org.uk

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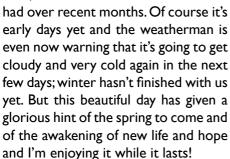
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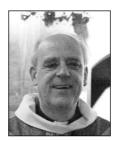
From the Rectory

I'm writing this letter on a beautiful sunlit February afternoon. Everything is bathed in a glorious light and the sky is completely blue without a cloud in sight! This comes as a real tonic after the cold, dark, dismal winter we have



During the month ahead we will be commemorating the events which give us hope for something deeper and more worthwhile than just the promise of spring and summer to come. When you read this, Lent will have been underway for several weeks. Whatever shape your own Lenten discipline is taking I hope that it is helping you to grow closer to Our Lord. One of the purposes of Lent is to prepare us for the commemoration of His Passion, Death and Resurrection.

If we are taking this commemoration seriously it can be quite a rollercoaster of an experience – the joy of shouting our Hosannas as Jesus enters Jerusalem on Palm Sunday; the sharing of the Last



Supper with both the joy of the gift of the Eucharist and the command to love one another expressed in the washing of the feet; the time at the foot of the Cross on Good Friday, when, like someone watching a loved one suffer on

a bed of pain we stand with Mary and John unable to help in a practical way but simply just to be there. Then if you are literally 'up for it' on Easter Morning, you might join us in St. Tudno's for the Easter Liturgy when we will keep vigil as darkness turns to light and then sing our alleluias to welcome the risen Christ. (Don't forget that the clocks to go forward on Easter Sunday morning so although the service is at 6.30 in the



'I think the DIY Palm Sunday palm-kit you ordered online is here, dear.'

new time, it will be 5.30 in terms of the day before! – and that of course applies to all the later services too).

In the midst of busy lives it is worthwhile to give as much time and commitment to the keeping of Holy Week and Easter. It isn't a comfortable time, far from it, you may experience deep emotions, perhaps a new sense of the love Christ has for you, a new insight into your own life with all your faults and failings, a deeper sense of penitence, a new awareness of what Christ may want you to do with your life. If we come to this very special time with love and attention who knows what may happen?

Above all, when we sing our Easter alleluias – whatever services we attend on that day, we will have in the depths of our hearts a true hope which will be so much deeper than our longing for a lovely spring and summer.

Fr. John

News and Notices

St. Tudno's

The first Candlemas in living memory at St. Tudno's was held on Sunday 3rd February at 11.00 am. The weather was wet and windy but 16 attended the service. This was led by Revd David Jenkins and accompanied by Micheal

Thomas playing the organ. The readings and address were on the theme of the presentation of Christ, the true light. The church was candlelit and everyone was given a lit candle to hold after receiving Communion. Hot drinks and cakes were served after the service.



Candlemas at St. Tudno's.

Easter Liturgy

The next service at St. Tudno's is on Easter morning, March 3 l st, at 6.30 am. Please note that the closks will have just gone forward!

The Friends of St. Tudno's will serve breakfast after the service (barbecued, weather permitting). There will be lists at the backs of both churches for you to sign if you would like a lift, can give a lift or would like breakfast.

Shirley Georgeson and Stephanie Searle



On the 27th January we held our first Messy Church of the New Year. The theme was 'Candle Power' as we would



be celebrating Candlemas the following Sunday.

Fr. John welcomed the children and their parents. They took part in singing and a variety of craft workshops based on the theme. This was followed by a short period of worship in church





when we sang, listened to a story about Jesus being presented in the temple. We watched puppets representing Anna and Simeon talking about how excited and happy they had been about seeing Jesus.





We ended the afternoon with everyone sitting down to a meal of sausage and chips followed by jelly, ice cream and cakes.

It was lovely to welcome the Junior Town Band once again who entertained us with their music. Some of the children enjoyed playing their own musical instruments along with the band.

Messy Church is great fun but it is hard work and we would welcome any offers of help with crafts, preparing food and clearing up.

Thank you once again to Ray, Gaynor and Ruth for leading the singing, also to Ray and Gaynor for running craft work-







shops as well! Thanks also to Mike and Roz for organizing a craft and leading the worship in the church, to Kristina and Amy who also organized crafts and to Jean who looked after the activities for the toddlers. Thanks to Kristina, Judith, Cynthia, Eira and Christine for all your help on the day as well.

It was a great afternoon so come and join us next time!

Sandra.

From Andy Leitch

Maggie and I would like to thank everyone for their concern during my mother's recent illness and the kind words of sympathy received after her passing on I February. We have spent a great deal of time travelling to and from Somerset in recent weeks and apologise that the production of this magazine has suffered as a consequence.

Thank you once again.

From the Barnabas Fund

Dear Friends,

Greetings in the Name of our Lord Jesus.

We do appreciate the generous gift of £210 from Llandudno Parochial Church Council to the Barnabas Fund to help Christians who are suffering for their faith. We are so glad you share our concern for these needy brothers and sisters. Gifts made throughout the Barnabas Fund make a real difference to people who often have nobody else to help them.

Our Christian brothers and sisters are often targeted over the Christmas and New Year period, and this has happened again: a church leader was shot on his way home on Christmas Day in Tanzania; in Iran around 50 Christians, mostly converts, were arrested at a Christmas gathering; in Indonesia, believers attending a Christmas Eve service in the open were attacked by Muslims

throwing excrement; two church workers were killed in the bombing of an Egyptian Church in Libya on Sunday, 30 December; moreover, dozens of Christians were killed during church services over the Christmas period in Northern Nigeria, whilst others were murdered in their homes in raids suspected to have been carried out by Boko Haram militants. Please ask the Lord to heal, comfort and strengthen the victims of these attacks and their families, and continue to intercede for the protection and freedom of Christian minorities.

Yours sincerely in His service,

Jeremy FrithCoventry Office Manager

Note.The money the money for the Barnabas Fund was raised during a recent coffee morning — Editor.

From Us (the new name for USPG)

On behalf of everyone at Us, we thank all at the Rectorial Benefice of Llandudno for your donation of £310 towards our Advent Appeal.

Your donation will go towards our work in Sri Lanka, where the church there is helping to support tea plantation communities and people like Sathiyaraj Balakirusnan, providing access to health care and education.

Us is a church-based charity working alongside people and communities worldwide. Wherever we work, our

goal is to express the love of God in practical ways. As a result, lives are transformed.

Thank you once again for your gift and your support.

If you would like more information about any aspect of our work, please contact us on 020 7921 2200 or info@ weareUs.org.uk

With best wishes

Priscilla MountfordDonor Care Manager, Us

From Christian Aid

Thank you very much for the £117.56 received from the Parish of Llandudno towards the work of Christian Aid.

We appreciate your continued generosity and support for Christian Aid's work to end poverty and I can assure you that your gift will make a real and lasting difference to some of the world's poorest and most vulnerable communities who are facing the worst effects of the financial crisis and climate change.

This year is also a golden opportunity for us to raise our voice as Christian Aid and a number of other agencies to join in a big campaign to call on rich country governments to make the necessary changes to the structures underlying poverty and hunger world wide. With the G8 meeting in the UK in June we hope you will join us to cam-

paign for an end to hunger and poverty. If you would like more information or a speaker to discuss the campaign or other work of Christian Aid, please pick up the phone and ask!

Thank you again for your care and support – it really does make a difference!

Yours sincerely,

Anna Jane Evans Regional Coordinator

From Conwy Food Share

Dear Supporters,

Thank you for your ongoing support of Conwy Food Share. We are turning over a large amount of food at the time being and would like to make an appeal regarding our stock situation. We were very fortunate to receive substantial food donations over the Harvest Festival and Christmas period which meant that we had a healthy stock of all food in the storeroom until recently. We find that some items of food are given more than others, so now we still have a good stock of many foods but would like to appeal for the following items which are getting low:

Tins of meat based meals such as:

- Minced Beef in gravy, Chilli, Curry, Chicken in White Sauce, Meat Balls
- Small tins of cooked meat- ham, corned beef etc, for single parcels

- Tins of pasta and meat based meals such as Ravioli
- Tins of Carrots
- Packets or tubs of Cheese Sauce Mix
- Packets of dried meat free mince
- Instant Mashed Potato
- Tinned fruit
- Coffee

- Sugar
- · Fruit Squash
- Jam, Marmalade, or other spreads

UHT milk is also a welcomed contribution

Thank you very much for helping us to provide parcels containing these basic nutritious items.

Conwy Food Share

Calendar for March

All events are held in Holy Trinity or Holy Trinity church hall unless indicated otherwise.

Fri Ist	David, Pat	tron Saint of Wales		
	10.30 am	Eucharist (please note earlier than usual time)		
Sun 3rd	Lent 3			
		Services at usual times for the first Sunday with the addition of:		
	12.30 pm	Holy Baptism		
Tues 5th	10.00 am	'Julian' meditation group at Stella Maris		
Weds 6th	9.45 am			
	7.00 pm			
	•	Lent Group 'Glimpses of God'		
Thurs 7th	11.45 pm	Diocesan Lent Course Meeting		
	2.00 pm	Eucharist for Deanery Clergy		
	7.30 pm	Standing Committee		
Sun 10th	Lent 4/Mo	Mothering Sunday		
	8.00 am	Holy Eucharist		
	10.30 am	Family Service for Mothering Sunday followed by a shortened Eucharist		
	5.00 pm	Evening Prayer		
		(No Exploring Worship today)		
Weds 13th	9.45 am	Children's Stations of the Cross		
	7.00 pm	Compline — at the Hospital Chapel followed by		
	•	Lent Group 'Glimpses of God'		

	Eucharist at Ysgol San Sior (No 11.00 am Eucharist at Holy Trinity) Diocesan Lent Course Meeting
Lent 5/Pas	sion Sunday
	Services at usual times for the fourth Sunday with
	the addition of:
6.00 pm	Exploring Worship Passover Meal
9.45 am	Children's Stations of the Cross
7.00 pm	Compline – at the Hospital Chapel followed by
	Lent Group 'Glimpses of God'
10.00 am	Guild of St. Raphael Meeting
11.00 am	Eucharist with Ministry of Healing
11.45 am	Diocesan Lent Course Meeting
7.30 pm	PCC Meeting
	12.00 noon Lent 5/Pas 6.00 pm 9.45 am 7.00 pm 10.00 am 11.00 am 11.45 am

See overleaf for Holy Week and Easter Services

Llandudno - Keswick Bible Week May 7th - 10th

Speaker: Richard Tiplady on "Isaiah: A Prophet for Our Times?"

Tues, Wed & Thurs evenings at 7.30 pm Wed, Thurs Fri Mornings 10.30 for 11.00 am at Llandudno Baptist Church

Please can you help as a steward or to serve tea at 1 or more sessions?

Help needed 10 - 12 noon & 7.15 - 9.15pm

Please let Kay Morris know when you're available, so we can plan rotas.(tel 875008, or kmorris2011@btinternet.com)

Meetings not to be missed. Come, & invite your friends.

Worship for Holy Week and Easter

Palm Sunday (24th)

Hosanna to the Son of David, the King of Israel. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

8.00 am Holy Eucharist with Blessing of Palms10.30 am Palm Procession & Sung Eucharist

5.00 pm Evening Prayer

Tuesday in Holy Week (26th)

7.30 pm Stations of the Cross

8.15 pm Eucharist

Wednesday in Holy Week (27th)

9 00 am Eucharist

9 45 am Stations of the Cross

7.00 pm A Service of Light and Shadows –

St. Tudno's (a joint service with

Rhoscystennin Parish)

Maundy Thursday (28th)

I give you a new commandment: love one another; as I have loved you, so you are to love one another.

11.00 am Eucharist

7.30 pm **Eucharist of the Last Supper**

(includes the washing of feet). **Vigil** until Midnight ending with Compline

Good Friday (29th)

We adore you, Christ, and we bless you, because by your holy cross you have redeemed the world.

I I.00 am Good Friday for Children. Cytûn

Walk of Witness (meet by the Town Hall) & Open Air Worship at Holy

Trinity

2.00 pm **Good Friday Liturgy** (The Reading

and Preaching of the Passion, Solemn Prayers and devotions at the Cross of

Our Lord)

Easter Day (31st)



Christ is Risen, Alleluia! He is risen indeed, Alleluia!

Please Note that the clocks go forward at 2.00 am on Easter morning!

6.30 am **Easter Liturgy** at St. Tudno's

(Blessing of the New Fire and lighting of the Easter Candle, Vigil Readings, Blessing of the Water for Baptism, Renewal of Baptismal Vows and First

Eucharist of Easter)

8.00 am Holy Eucharist 10.00 am Sung Eucharist

5.00 pm Choral Evensong

Sunday Rota

3 March		24 March	
Reader Sidepersons	Stephanie Searle Sandra Davies Terry Dewar Adele Arrowsmith William Maidlow	Reader Sidepersons	William Maidlow Barbara Yates Ben Edwards Ron Illidge Eira Jones
Eucharistic Ministers	Lynn Ferriday Angela Pritchard	Eucharistic Ministers	Maggie Leitch Cath Lloyd
10 March		31 March	
Readers	Pat Ridler John Ridler	Reader Sidepersons	Eileen Box Sandra Davies
Sidepersons	Mary Rees Judith Williams Stan Whittaker	·	Terry Dewar Stan Whittacker William Maidlow
F Mininton	Ron Illidge	Eucharistic	Angela Pritchard
E Minister	Marion Heald	Ministers	Lynn Ferriday
17 March Reader Sidepersons	Angela Pritchard Doug Pritchard Cynthia Poyser Terry Dewer Wendy C-Stewart	7 April Reader Sidepersons	Ann Rimmer Mary Rees Judith Williams Pat Ridler Ron Illidge
Eucharistic Ministers	Stan Whittaker John Ridler	Eucharistic Ministers	Marion Heald Maggie Leitch

Attendance Figures

January 4th		Eucharists to January 5th Diocesen Plygain Service	32 160
January 6th	8.00 am	Holy Eucharist	18
The Epiphany	10.30 am	Sung Eucharist	87
	5.00 pm	Evening Prayer	5
	•	Other weekday Eucharists	25

January 13th	8.00 am	Holy Eucharist	14	
The Baptism of	10.30 am	Choral Matins with the Blessing of Water and		
Christ		Thanksgiving for Holy Baptism	81	
		Shortened Eucharist	27	
	5.00 pm	Evening Prayer	- 1	
	6.00 pm	Exploring Worship	50	
January 14th	2.30 pm	Eucharist for Mothers Union	21	
January 15th	2.30 pm	Eucharist for Parish Fellowship	10	
		Other weekday Eucharists	19	
January 20th	8.00 am	Holy Eucharist	13	
Epiphany 3	10.30 am	Sung Eucharist	70	
January 24th		Eucharist for the Week of Christian Unity	48	
•		Other weekday Eucharists	14	
January 27th	8.00 am	Holy Eucharist	14	
Epiphany 4	10.30 am	Sung Eucharist	72	
,	5.00 pm	Evening Prayer	2	
	•	Other weekday Fucharists	19	

PARISH REGISTER

The Departed

December 17th: Frank Thomas Roberts aged 77 Service at Holy Trinity followed by Cremation at Colwyn Bay Crematorium

January 21st: John Heaton McDonald aged 65 Service at Holy Trinity followed by Cremation at Colwyn Bay Crematorium

January 23rd: Frank Hodgkiss aged 92 Service and Cremation at Colwyn Bay Crematorium

From the Parish Pump

Real Easter Eggs

Congregations, schools and individuals are being asked to support the Real Easter Egg 2013 campaign - and help change a life. Of the 80 million chocolate eggs expected to be sold in the UK this Spring, the Real Easter Egg is the first and only Fairtrade egg to explain the meaning of Easter on and in the box.

Last year stories began to emerge of people whose life had been changed after being given a Real Easter Egg. A grandmother from Oxfordshire gave an egg and explained: 'Tracy saw the book that was included with the egg and wanted her mum to read the story to her... The following week Tracy attended Sunday School.'

But it is not only at home that lives have been transformed. With each sale of The Real Easter Egg a donation is made to Traidcraft Exchange to support some of the poorest farmers in the world. More than £40,000 has been donated so far.

David Marshall, founder of the Meaningful Chocolate Company, said: 'It is encouraging to hear many lives have been changed by people receiving a Real Easter Egg. It is proof that the events of Easter, including the death and resurrection of Jesus, have the power to open minds, change lives and offer real hope. It is also a boost for charitable

giving, Fairtrade and the work of trade justice. I hope individuals will hunt out a Real Easter Egg this year.'

The eggs are available from Kingdom Krafts in Madoc Street

Persecution of Christians

The persecution of Christians world-wide increased dramatically in 2012, especially across Africa. That is the finding of the new Open Doors World Watch List, the only annual survey which monitors the conditions of religious freedom for Christians on a country by country basis. The List names the top 50 countries of the world where persecution is at its worst.

North Korea continues to occupy first place. In the top ten countries, eight suffer from Islamic extremism: Saudi Arabia, Afghanistan, Iraq, Somalia, Maldives, Mali, Iran and Yemen.

Syria now ranks at no. II in the top 50 worst countries. Christians were allowed the freedom to worship (but not evangelise) under President Assad, but are now under attack from all sides: rebels, forces loyal to the President, and jihadists entering Syria. Tens of thousands of Christians have fled Syria in recent months.

Overall, in 2012, Christians in Nigeria, Iraq and Syria experienced the most

violence, closely followed by those in Sudan and Colombia. In Eritrea, Burma, Kenya and Egypt the levels of anti-Christian violence were also extremely high. For the first time, Mali appears in the top ten countries, ranked at 7. Tanzania, Kenya, Uganda, Niger and Ethiopia have also made the overall list.

The Arab Spring seems to have opened the door for Islamism across the Middle East and North Africa. Ron Boyd-Mac-Millan, Open Doors Chief Strategy Officer, points to the 'massively increased pressure on the church....foreign jihadists now terrorise Christians in wartorn Syria, Al-Qaeda militants occupy northern Mali, and ...even in countries like Libya that made a transition to a form of democracy, radical Islamist factions spread terror with impunity among the Christian minority.

By contrast, the situation in Laos, Vietnam and China seem somewhat easier. In China, for eg, house searches, arrests and confiscation of Bibles and Christian books now rarely occurs. (Though more than a 100 Chinese Christians are still in prison on account of their faith.)

Bishop Urges Generosity

The Bishop of Carlisle, lead bishop on healthcare for the Church of England, has recently urged Christians to consider giving more than money in a new campaign launched jointly with the NHS and Churches.

The fleshandblood campaign aims to profile the need for more blood and organ donors and encourage donation as another way of personal giving within churches. Sponsored by Give.net and in association with denominations, organisations and festivals including the Church of England, Salvation Army, Methodist Church, United Reformed Church and Baptist Union, the fleshandblood campaign marks the first time the NHS has worked alongside the Church on a national initiative of this kind.

The Rt Revd James Newcome says: 'fleshandblood is an exciting opportunity for the Church. Christians have a mandate to heal, motivated by compassion, mercy, knowledge and ability. Extending our understanding of the central Christian themes of generosity and stewardship to include blood and organ donation has the potential to tangibly transform the giver and the receiver.

'I would encourage individual Christians and local churches to engage with the campaign as we help address an important social issue ... Being willing to give ... applies just as much to the blood that flows in our veins; and the organs that are such an intrinsic part of our bodies.'

Afghanistan

What has been called 'an exciting new partnership,' between the high street retailer Monsoon and the development

agency Christian Aid, aims to help revive the 2000-year-old tradition of silk production in Afghanistan. The two year project aims to lift 1,500 women and their families out of extreme poverty, and potentially develop an international market access for silk producers in the country.

It's all down to the silkworms living in Herat, in western Afghanistan, which lies on the old Silk Road trade route. Herat has mulberry trees on which the silkworms feed. The project will provide the women with silkworms, and training to cultivate the silk cocoons. Some of them will receive looms and further training to produce silk goods, such as scarves and handkerchiefs, so that they can sell their goods in the local market. Women have historically been the backbone of the garment and textile industries in Afghanistan and this project is focused on helping widows and women-headed households by enabling them to earn their own money.

Climate Week

Shrinking the Footprint, the Church of England's national environmental campaign, is supporting Climate Week, the UK's biggest climate change campaign (4-10 March 2013).

This year congregations across the country are being asked to get involved, in whatever way they can. This could involve individual members of the church considering:

Walk, bike, or car-share to worship – could you use alternative transport to get to Sunday service? Download the new Shrinking the Footprint Lifestyles App and calculate how much carbon we can save as a congregation.

Climate Week Swap – we may hold an exchange event where everyone brings items such as clothes, books or children's toys that they no longer want to trade for others.

Bubble & Squeak – why not download the recipe on the Climate Week website for a low-carbon Sunday meal?

Green Roundtable – we are holding a discussion for our church members to talk about ways to lower our church's carbon footprint. Please come along!

Religious Symbols

Following the recent rulings at the European Court of Human Rights, the Archbishop of York released the following statement: 'Christians and those of other faiths should be free to wear the symbols of their own religion without discrimination. Christians are not obliged to wear a cross, but should be free to show their love for and trust in Jesus Christ in this way if they so wish.

'In July 2012, the General Synod stated that it is the calling of Christians to order and govern their lives in accordance with the teaching of Holy Scripture

Continued on p30



THE STAND IN

It's not me; I didn't do it. Is it always someone else when the teacher asks 'who made this mess', or Mum says 'who broke this?' And if we hadn't done it, would we offer to clean up the mess or pay for what is broken out of our pocket money? Even though it wasn't our fault and we hadn't done anything wrong?

The answer is probably 'no'. Why should we? It wasn't our fault! It wouldn't be fair! But then things often aren't fair. It wasn't fair that the crowds in Jerusalem that first Easter shouted 'release Barabbas', a convicted criminal. They could have shouted 'release Jesus' — Jesus hadn't done anything wrong after all.

Jesus told us 'No one has greater love than this, to lay down one's life for one's friends' (St John's Gospel, chapter 15, verse 13). Jesus gave up his life for us. And others have followed his pattern, like Maximilian Kolbe, a Catholic priest in a German concentration camp took the place of another prisoner and was killed instead of him.

WHO? ME?

The answers to this Bible quiz are all words that begin with the letters **M E** ... answers at the bottom of the page

- 1. Was with Daniel in the lions' den? (Daniel, 3)
- Is another name for Malta where St Paul was shipwrecked? (Acts, 28)
- Who did Jesus call blessed, and said they would inherit the earth? (Matthew, 5)
- 4. Proverbs 17 says that a merry or cheerful heart is like what?
- 5. What were James and John doing when they first met Jesus? (Mark, 1)
- Jesus compared the Kingdom of Heaven to yeast mixed with what? (Luke, 13)
- King Saul's eldest daughter's name (I Samuel, 14)



When did medicine first appear in the Bible?

When God gave Moses the tablets.



Meshach 2. Melita 3. the meek
 good medicine 5. mending their nets
 three measures of flour 7. Merab

Goat Kids

The Great Orme goats generally start to have their kids in February, so you may be able to see some about by now. As part of the herd management, a large proportion of the nannies are given contraceptive implants. These seem to be very successful, so many of them will not have kids.

The goats are social animals and spend most of their time in groups, with the nannies and billies usually separate apart from the autumn rut. However, when a nanny is going to have her kid she usually goes off by herself to somewhere quiet. When the kid is very small she will often leave it by itself while she is feeding, returning to suckle it.

Although it might look as though the kid has been abandoned this is rarely the case.

The Great Orme Country Park Wardens ask people not to approach a kid on its own, as this could cause the mother to abandon it. As the kid gets a little older and is able to follow its mother she will return to her group and if there are other kids in the group you may see them chasing each other about and running up and down the cliffs. If you are worried about any goats, please contact the Country Part Wardens on 01494 874151.

Christine Jones



Continued from p26

and to manifest their faith in public life as well as in private. This means giving expression to their beliefs in the written and spoken word, and in practical acts of service to the local community and to the nation.'

print, has taken a lead, working closely with the Feeding the 5000 campaign in highlighting the importance of cutting food waste. Churches across the country are rising to the challenge with food waste awareness campaigns.

Food Waste

The recent news that half of the world's food ends up being thrown away is 'a wake up call for us all,' says David Shreeve, the Church of England's national environmental adviser.

The Church, through its Shrinking the Footprint campaign, is committed to working on issues of food waste. The Bishop of London, the Rt Revd Richard Chartres, chair of Shrinking the Foot-

Vietnam

Christian Solidarity Worldwide has expressed its concern about the restrictive nature of a new 'decree' in Vietnam relating to freedom of religion or belief. The document, entitled 'Decree No. 92: Specific provisions and measures for the Implementation of the Ordinance on Belief and Religion' includes a wide range of limitations on religious practice. There are new requirements for 'foreigners' organising religious conferences and events in Vietnam.

Coffee Time

Cryptics (thanks and courtesy Barbara Cartwright).

All answers begin with letter 'R'.

- I. Rescued broken contracts. (7)
- 2. French way to regret. (3)
- 3. Ran around cedar. (5)
- 4. Depend on aid being distributed inside promptly. (7)
- 5. Rustles around to find the outcomes. (7)
- 6. Holds back the remaining drops. (9)
- 7. Asking the question again or giving it a rest. (8)
- 8. Corrosion, I see, say, in country dweller. (6)
- 9. Another colour and Friday's meal wouldn't be so misleading. (3,6)
- 10. Call about the insect talking angrily. (7)

Results for February

- I. Sharp
- 2. Songster
- 3. Staccato
- 4. Intone
- 5. Nonet
- 6. Signature tune
- 7. Alto
- 8. Timpani
- 9. Scale
- 10. Oboe